



## Join us in the fight to end homelessness by becoming a PATH Cooks partner!

PATH Cooks is a volunteer program providing home-cooked meals to the residents living in PATH's housing facilities.

Each year, PATH spends more than \$200,000 on food for the people we serve. When your group provides food, it helps us focus our resources on providing housing and support services for our residents.

### Getting involved is easy! Just follow these five simple steps:

#### **STEP 1: SELECT A DATE**

Call us to select a date, time and location to prepare your meal. Meals can be prepared at any of PATH's three facilities: the Hollywood Center, the Regional Homeless Center in LA or the Westside Center. Volunteer chefs can either provide breakfast or dinner for our residents.

- **Dinner** is served every day at 6:00 p.m. Cooks arrive between 4:00 and 5:00 p.m., depending on the menu and required preparation time.
- **Breakfast** is served on Saturdays and Sundays at 7:30 a.m. Cooks arrive between 5:30 and 6:30 a.m., depending on the menu and required preparation time.

We will do our best to accommodate your group's schedule, but we are required to serve meals at set times. Slots are reserved on a first-come, first-served basis. To schedule your group to provide a meal, please contact:

**Jessica Wishan**  
(323) 644-2207 or [jessicaw@epath.org](mailto:jessicaw@epath.org)

#### **STEP 2: CONFIRM YOUR COOKS**

It is ideal to have 6-8 people per cooking event, although we can comfortably accommodate up to 10 volunteers. Because of the large quantities of food that need to be prepared, we request that each group confirms a minimum of 4 people per meal. Cooks of all ages are welcome to take part, but children under 18 must be accompanied by an adult.

#### **STEP 3: CHOOSE A MENU**

We welcome you to be creative and original with your menu. Feel free to "cook up" new menus that you think will be enjoyed by our residents. When planning meals, keep the diversity of our residents in mind and prepare something that has universal appeal (i.e. nothing that's too spicy or exotic).

In addition to food, please also bring drinks and serving supplies (plates, plastic-ware, napkins and cups) on the day of your meal.

#### **STEP 4: BUY FOOD & SUPPLIES**

Food and supplies can be purchased at any grocery store, or at bulk food stores like Costco or Smart & Final. We recommend that you purchase supplies a few days in advance to cut down on last-minute stress. If necessary, you can arrange to store your supplies at PATH a few days prior to your meal (if you do this, be sure to package your supplies together and clearly label them with your group name and the date of your meal).

Plan to serve 70 people at PATH Hollywood, 100 people at RHC and 40 people at the Westside Center.

#### **STEP 5: COOK AND HAVE A GREAT TIME!**

On the day of your meal, a PATH staff member will greet your group and provide an orientation to the kitchen. Staff will be on-site at all times to assist your group with preparing and serving your home-cooked meal to our residents.

**Meal preparation tips provided on back!**



## Meal Preparation Tips:

- Food can be purchased in bulk at stores like **Costco** or **Smart & Final**.
- **Pre-assign food preparation tasks** to group members prior to arrival.
- **Bring a hat, or be prepared to wear a hairnet** while you prepare the meal.
- Slice and dice fresh fruits and vegetables **before arrival**, to save time in the kitchen.
- If required, **pre-heat ovens and start boiling pots of water immediately** upon arrival.
- Purchase **fresh meats** to cut down on preparation time.
- In addition to food, **please provide the following items**: plastic utensils, paper plates, cups and napkins. Using these items will greatly assist you with clean-up afterwards.

We encourage you to be creative in the kitchen and prepare special menus for our residents!

## PATH Locations



**Hollywood Center**  
5627 Fernwood Avenue  
Hollywood, CA 90028

*Prepare to serve 70 people.*



**Regional Homeless Center**  
340 North Madison Avenue  
Los Angeles, CA 90004

*Prepare to serve 100 people.*



**Westside Center**  
2346 Cotner Avenue  
Los Angeles, CA 90064

*Prepare to serve 40 people.*

For more information, contact:  
**Jessica Wishan**  
**(323) 644-2207** or [jessicaw@epath.org](mailto:jessicaw@epath.org)

Founded in 1984, People Assisting The Homeless (PATH) is a non-profit community organization working towards the goal of ending homelessness throughout Los Angeles and, ultimately, the United States. We help people experiencing homelessness find work, save money, secure housing and empower their lives. Each year, PATH serves more than 4,000 men, women and children.

**Bon Appetit!**

*Learn more about PATH on our website:  
[www.epath.org](http://www.epath.org)*